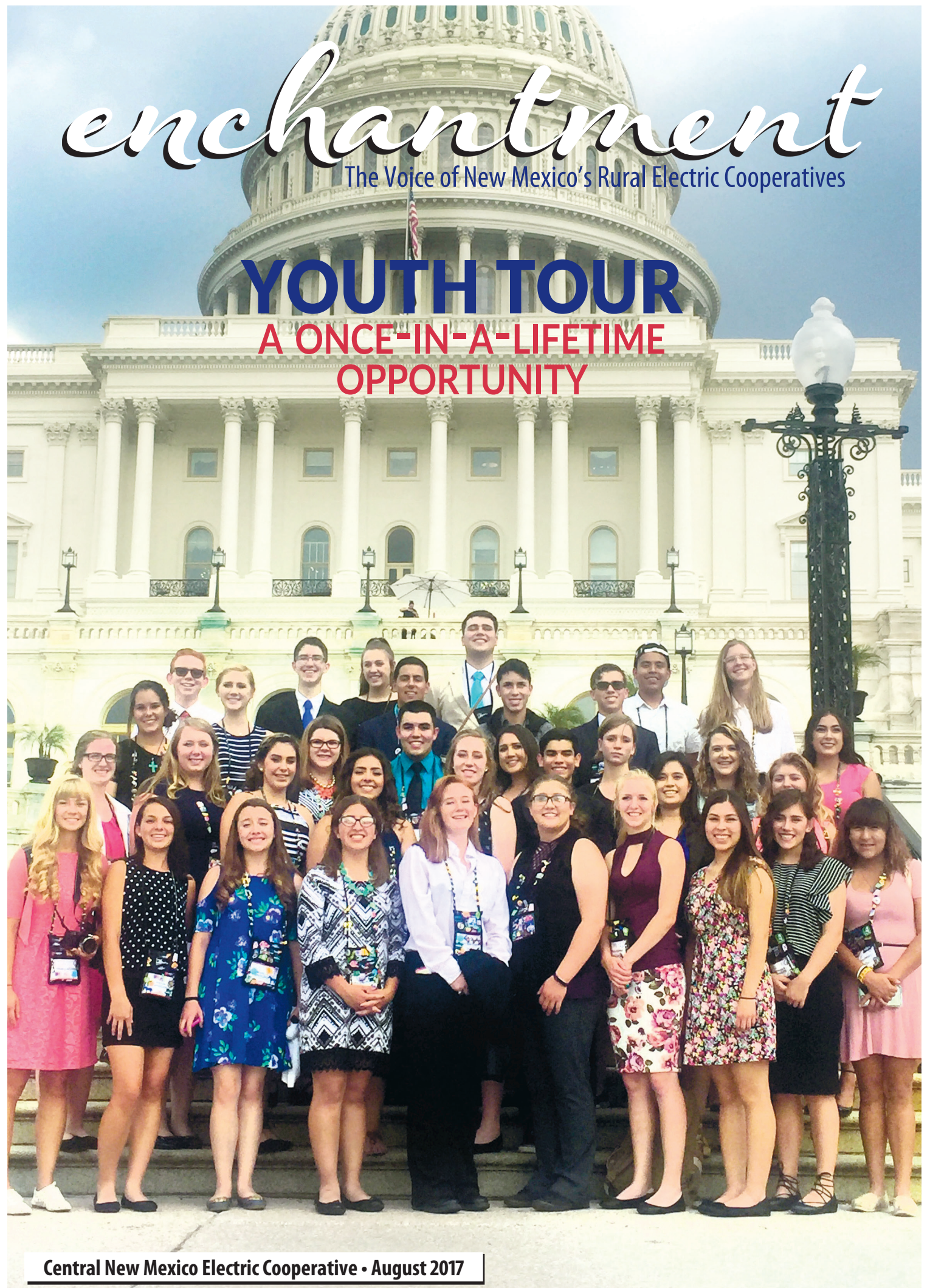


# *enchantment*

The Voice of New Mexico's Rural Electric Cooperatives

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A ONCE-IN-A-LIFETIME OPPORTUNITY



Central New Mexico Electric Cooperative • August 2017



# Book Chat

BY PHAEDRA GREENWOOD



## SURVIVORS: CELEBRATING LIFE BEYOND DOMESTIC VIOLENCE

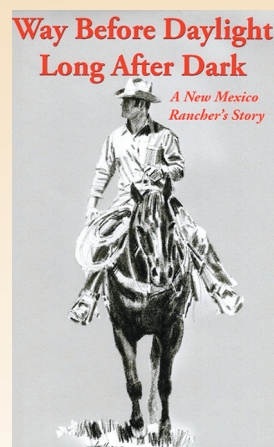
By Tahirah Ogletree

2016, 216 pages, \$39.95

O'Tahirah Films, LLC

www.otahirah.com; www.amazon.com

According to The National Domestic Violence Hotline, (800-799-7233), on average in the United States, 24 people per minute are victims of rape, physical violence or stalking by an intimate partner. Here's a list of red flags that signal abusive behavior plus riveting testimonials from survivors. The author, a teen mom and former victim of domestic violence, is on a mission: "Recognizing the Silence Within Domestic Violence Through Faith, Empowerment & Beauty." This dynamic coffee table masterpiece grabs the reader with beautiful imagery even as Ogletree tears away the veil of shame, helplessness and damaged self-image that is intrinsic to a pattern of continuing abuse. *Survivors* is designed to help educate, inspire empower and save lives. Ogletree is a successful model, actress, mother, and successful indie-filmmaker. Her stunning book won the 2017 Southwest Book Design Award from the New Mexico Book Association. Five Stars!



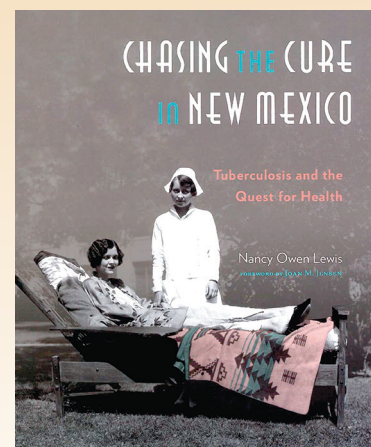
## WAY BEFORE DAYLIGHT, LONG AFTER DARK: A NEW MEXICO RANCHER'S STORY

By Carl Lane Johnson

2017, 316 pages, \$27.50

Lea County Museum Bookstore  
575-396-4805

Three generations of family ranching in New Mexico, the nitty gritty details about the hardscrabble business of ranching from 1932-2017 are gathered in interconnected tales of families, neighbors and friends. Montana author Jane Lambert writes, "Reading Carl's book is like sitting down at a bar with him and his rowdy bunch of friends, drinking some beers and swapping yarns." You hear about the famous drought of the 1950s that lasted almost seven years, the family feuds, the mishaps, the drunks and fist fights, funerals, and bang-up celebrations. And of course, the strong resilient wives and mothers. The black and white photos are predictable, but nail the times. The drawings by Mike Capron, Joe Hobbs and Carl Johnson are professional quality and add flavor to the memoir. As Lambert says, "Belly up with the book, and have a good time."



## CHASING THE CURE IN NEW MEXICO: TUBERCULOSIS AND THE QUEST FOR HEALTH

By Nancy Owen Lewis

2016, 296 pages, \$34.95

Museum of New Mexico Press  
800-249-7737; www.mnmpress.org

This prize-winning author and cultural anthropologist, has written a comprehensive history of the influence of tuberculosis and "lungers" in New Mexico from 1882 when the TB bacterium was isolated until 1940 when streptomycin was developed. A healthy diet and rest in a dry, sunny climate was considered the best cure. By 1920, 10 percent of New Mexico's population was estimated to be TB patients. TB spawned a whole health trade industry: company-run sanatoriums, church-run or private sanatoriums where you could suffer in comfort. Holy Cross Sanatorium, on 500 acres, was the largest New Mexican facility with 300 beds and put Deming on the map again. Over the years, New Mexico drew many prominent patients: doctors and artists, writers such as D.H. Lawrence, architect John Gaw Meem and Clinton P. Anderson, who became a U.S. senator. A fascinating look at the driving forces that helped shape New Mexico.



## THE COOKING WITH KIDS COOKBOOK

By Lynn Walters and Jane Stacey

with Gabrielle Gonzales

2016, 176 pages, \$24.95

University of New Mexico Press  
800-249-7737; www.unmpress.com

This spiral-bound cookbook for kids offers more than 65 recipes for tasty, nutritious meals and snacks; and safe, practical ways to chop, roll, measure, and mix. It's illustrated with line drawings and supplies blank pages for coloring. Cooking for Kids, a non-profit organization, has educated thousands of children in how to grow and eat healthy, affordable foods from diverse cultures. Studies show when children help cook their own meals, they are open to trying a wider variety of food. Gardening tips cover lettuce, tomatoes, potatoes, corn, and so on, and how to honor each child's efforts. Recipes include South American Llapingachos, Minestrone, Coconut Rice Balls, and Zucchini Cakes. Sweet Potato Hummus with garbanzo beans and sesame tahini sounds delicious. This attractive book won a Southwest Book Design Award for 2017. Five Stars!

To submit a book for review: include contact information and where to order.